



## Qualification Specification

# Safety Award for Teachers

## This qualification is regulated by Ofqual (England) and Qualifications Wales

### STA Level 2 Award in Safety Award for Teachers

Qualification Number: 601/5519/X

Credit Value: 1 Credits

#### Unit Structure

This qualification consists of 1 mandatory unit

Unit Title	Code	Credit Value	Unit Level	GLH
Safety Award for Teachers	R/506/9620	1	2	10

## Introduction:

The course is traditionally delivered over 1 day with the constant assessment throughout the day.

The Safety Award for Teachers course includes all of the skills that a teacher will need the basic knowledge to ensure a safe working environment.

For further details on this qualification please call us on 01922 645 097.

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## Qualification Objective:

The STA Safety Award for Teachers qualification is designed to train anyone who teaches in a swimming pool or leisure centre.

The course covers poolside safety, pool rescue, CPR techniques, first aid and dealing with poolside emergencies in accordance with the *National Occupational Standards and sections and Managing Health and Safety in Swimming Pools and British Standard BS EN 15288 Part 2, Safety Requirements for Operations*.

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## Target Learners

Anyone over the age of 14 years who may teach swimming, snorkel instructors, aqua aerobic instructors, school teachers and those who teach swimming.

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## Progression

The STA Safety Award for Teachers qualification is a stand alone qualification. Next step you can take would be to become an STA Pool Lifeguard and further an STA Lifesaving Tutor.

Often Swimming Teachers Responders will progress their career within the leisure industry by qualifying as a teachers in another discipline like Aqua Aerobics or swimming or becoming pool lifeguard, gym instructor, or duty manager at pools that range from a single pool up to a large leisure type pool.

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## Industry Standards

Health and Safety Executives document 'Managing Health and Safety in Swimming Pools'

*British Standard BS EN 15288 Part 2, Safety Requirements for Operations Safe Supervision*

## Entry Requirements

- Be 14 years of age or older
  - Be able to swim 25 metres (candidates who cannot swim 25 metres must be capable of wading, and effecting a rescue, in a pool with a depth no greater than chest height)
  - Be able to surface dive and recover an object from the deepest part of the pool
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## Grading Format

Pass / Fail

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## Assessment Methods

The course tutor will evaluate all teachers on the skills throughout the Safety Award for Teachers course on their practical skills and help to complete a portfolio of evidence.

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## Tutor / Assessor Requirements

All Tutors must have the skills, knowledge and experience to be able to teach and demonstrate the subject.

Each Tutor must be approved by Safety Training Awards and provide evidence of:

1. Minimum of STA Safety Award of Teachers (or acceptable equivalents)
  2. Hold or working towards a formal tutoring and assessing qualification
  3. Tutors must maintain their technical competence within the subject area and provide evidence of continuing professional development (CPD).
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## IQA Requirements

Internal Quality Assurers (IQAs) of this qualification must have knowledge and competency in STA Safety Award for Teachers as well as knowledge and competency in internal quality assurance.

An IQA must hold:

1. Minimum of STA Safety Award for Teachers (or acceptable equivalent)
2. Internal quality assurance qualification

Note: IQAs cannot quality assure a course for which they were the Tutor and/or Assessor.

The STA Safety Award for Teachers course tutors must be moderated at least every three years by a moderating tutor.

## Resource Requirements

Each teacher STA Safety Award for Teachers manual which includes the worksheets needed as part of the course. During the course responders will complete the worksheets as part of the course evidence.

- First Aid Skills manual

Pool side equipment including :

- Torpedo Buoys
- Rescue Pole
- Throw Rope
- Throw Bag
- Submersible Manikin

Basic Life Support manikin including:

- Adult
- Child
- Infant

Venue:

- Room size: Adequate space for all learners on the course to undertake theory and practical work
- Seats: One per learner
- Writing surfaces: Adequate for each learner to take notes
- Toilets: Separate facilities for male and female learners
- Ventilation: Should be adequate
- Lighting: Should be suitable for reading, combining a mixture of natural and artificial light
- Heating: Should maintain a 'shirt sleeve' environment, minimum temperature 16°C
- Access/exits: Should be safe, well lit and cater for people with special needs
- Floor coverings: Should be carpeted or mats / blankets provided for use during practical sessions
- Cleanliness: Maintain a clean, tidy and hygienic environment
- Noise: Consider whether there is noise that may distract candidates from training
- Electrical items: When projectors and other electrical equipment are used, the equipment must be checked to ensure it is in safe working order. It is important to be aware of trip hazards associated with electric cables in order to reduce such risks.

## Unit Specification

Unit Title	Safety Award for Teachers	
Learning Outcomes	Assessment Criteria	
1. Understand Pool Safety Operating Procedures	1.1 1.2	Describe the areas covered by a Normal Operating Plan Describe the areas covered by an Emergency Action Plan
2. Understand basic first aid procedures relevant to injuries in an aquatic environment	2.1 2.2	Give the aims of first aid Describe the management of: <ul style="list-style-type: none"> <li>• Choking</li> <li>• Bleeding and shock</li> <li>• Spinal injuries</li> <li>• Asthma</li> <li>• Hyperventilation</li> </ul>
3. Know how to administer basic life support	3.1 3.2 3.3	Describe the chain of survival Describe adult basic life support Describe the basic life support procedure for paediatric and drowning casualties
4. Be able to administer basic life support	4.1 4.2 4.3 4.4	Demonstrate handling a simulated unconscious casualty for the following procedures: <ul style="list-style-type: none"> <li>• Turning from prone to supine</li> <li>• Primary survey</li> <li>• Action for vomit</li> <li>• Recovery position</li> </ul> Demonstrate basic life support techniques as appropriate to: <ul style="list-style-type: none"> <li>• Adult sudden collapse</li> <li>• Adult drowning</li> <li>• Children / infants</li> </ul> Demonstrate obtaining an airway on a suspected spinal injury Demonstrate simulated resuscitation in the water
5. Be able to perform basic rescue skills	5.1 5.2 5.3 5.4 5.5 5.6	Perform reaching rescue and throwing rescue from the poolside Perform a wading rescue in standing depth Perform a water based buoyant aid rescue Demonstrate retrieving a submersible manikin from the pool floor Demonstrate landing an unconscious casualty onto poolside Demonstrate the rescue of a suspected spinal injury casualty
6. Know how to respond to a pool emergency situation	6.1 6.2 6.3	Describe how to assess the nature of an emergency Describe how to manage an emergency situation in the pool Describe the qualified assistance required for an emergency
7. Understand the importance of recording, reporting and analysing pool emergency situations	7.1 7.2	Describe why reporting and analysing emergency situations is important Identify relevant legislation that requires reporting and recording